

# RIGHT ATHLETE [RARE] RIGHT ENVIRONMENT



## QUESTIONS THAT COULD SUPPORT A RARE ASSESSMENT...

Matching the environment to a player's physical, mental and social needs at any point in time is critical to ensuring they can thrive, develop and enjoy their time playing hockey.

1

What combination of club, school, county, Talent Academy, National programme environments are best for me/my child?

2

How does this session/activity/game impact on a player's hockey programme and overall 'load'?

3

Is it the right time for my child to move to a different club?

## RARE ASSESSMENT FACTORS

